

Indoor Pools Schedule

The Woodlands

All Pools and Whirlpools close
30 minutes prior to club
closing.

October 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Indoor Recreation Pool			Pool available for Open Swim anytime programming is not scheduled.			
Aqua Zumba 10:00a-10:45a			Aqua Zumba 10:00a-10:45a		Swim Lessons 9:00a-12:00p	
Family Swim None	Family Swim None	Family Swim None	Family Swim None	Family Swim None	Family Swim 12:00p-7:30p	Family Swim 12:00p-7:30p
Swim Lessons 4:30p-6:00p	Swim Lessons 4:30p-6:00p	Swim Lessons 4:30p-6:00p	Swim Lessons 4:30p-6:00p			
Indoor Lap Pool			Lanes Available for lap swimming anytime programming is not scheduled.			
Stroke and Cond. 10:00a-11:00a Lanes 1 - 3		Stroke and Cond. 10:00a-11:00a Lanes 1 - 3				
Swim Lessons 4:30p-6:00p Lanes 1 & 2	Swim Lessons 4:30p-6:00p Lanes 1 & 2	Swim Lessons 4:30p-6:00p Lanes 1 & 2	Swim Lessons 4:30p-6:00p Lanes 1 & 2			
Swim Team 5:15p-6:45p Lanes 1 & 2	Swim Team 5:15p-6:45p Lanes 1 & 2	Swim Team 5:15p-6:45p Lanes 1 & 2	Swim Team 5:15p-6:45p Lanes 1 & 2	Swim Team 5:15p-6:45p Lanes 1 & 2		

Lane 5 is closest to the locker rooms.

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