

Indoor Pools Schedule

The Woodlands

All Pools and Whirlpools close
30 minutes prior to club
closing.

May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Indoor Recreation Pool Starting 5/4, pool available for Open Swim anytime programming is not scheduled.						
Aqua Zumba 11:00a-11:45a			Aqua Zumba 11:00a-11:45a		Swim Lessons 9:00a-12:00p	
Swim Lessons 4:30p-6:00p	Swim Lessons 4:30p-6:00p	Swim Lessons 4:30p-6:00p	Swim Lessons 4:30p-6:00p		Family Swim 12:00p-7:30p	Family Swim 12:00p-7:30p
Indoor Lap Pool Lanes Available for lap swimming anytime programming is not scheduled.						
Stroke and Cond. 10:00a-11:00a Lanes 1 - 3		Stroke and Cond. 10:00a-11:00a Lanes 1 - 3			Swim Lessons 9:00a-12:00a Lanes 1 & 2	
Swim Lessons 4:30p-6:00p Lanes 1 & 2	Swim Lessons 4:30p-6:00p Lanes 1 & 2	Swim Lessons 4:30p-6:00p Lanes 1 & 2	Swim Lessons 4:30p-6:00p Lanes 1 & 2			
Swim Team 5:15p-8:00p Lanes 1-4	Swim Team 5:15p-8:00p Lanes 1-4	Swim Team 5:15p-8:00p Lanes 1-4	Swim Team 5:15p-8:00p Lanes 1-4	Swim Team 5:15p-8:00p Lanes 1-4		

Lane 5 is closest to the locker rooms.

Outdoor Pools Schedule The Woodlands

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closing.

May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Outdoor Recreation Pool Starting 5/4, pool available for Open Swim anytime programming is not scheduled.						
Aqua Barre 9:00a-10:00a	Aqua Athletics 9:00a-10:00a	Aqua Barre 9:00a-10:00a	Aqua Athletics 9:00a-10:00a	Aqua Athletics 9:00a-10:00a	Aqua Athletics 9:00a-10:00a	
Family Swim 3:30p-7:00p	Family Swim 3:30p-7:00p	Family Swim 3:30p-7:00p	Family Swim 3:30p-7:00p	Family Swim 3:30p-7:00p	Family Swim 11:30a-7:00p	Family Swim 11:30a-7:00p
Swim Team Deep Water Lane 5:30p-6:45p	Swim Team Deep Water Lane 5:30p-6:45p	Swim Team Deep Water Lane 5:30p-6:45p	Swim Team Deep Water Lane 5:30p-6:45p			
Aqua Athletics 6:30p-7:30p	Aqua Pilates 6:30p-7:30p	Aqua Athletics 6:30p-7:30p				

Lap swim lanes located in the deep end.

If the temperature is below 65 degrees, Family Swim will be closed.

Outdoor Family Lap Pool				Lanes available for lap swimming anytime programming is not scheduled.		
Swim Team 4:15p-5:15p All Lanes	Swim Team 4:15p-5:15p All Lanes	Swim Team 4:15p-5:15p All Lanes	Swim Team 4:15p-5:15p All Lanes		Swim Team 8:00a-9:45a All Lanes	
Swim Team 5:15p-8:00p Lanes 1&2	Swim Team 5:15p-8:00p Lanes 1&2	Swim Team 5:15p-8:00p Lanes 1&2	Swim Team 5:15p-8:00p Lanes 1&2			

Lane 4 is closest to the grass.

Outdoor Adult Lap Pool					Lanes available for lap swimming anytime programming is not scheduled.	
Master Swim 6:00a-7:00a Lanes 1 - 4	Master Swim 6:00a-7:00a Lanes 1 - 4	Master Swim 6:00a-7:00a Lanes 1 - 4	Master Swim 6:00a-7:00a Lanes 1 - 4	Master Swim 6:00a-7:00a Lanes 1 - 4		
	Master Swim 12:00p-1:00p Lanes 1 - 4		Master Swim 12:00p-1:00p Lanes 1 - 4	Master Swim 12:00p-1:00p Lanes 1 - 4		

Lane 5 is closest to the whirlpool.

Poolside Café

Closed for the Season