

Indoor Pools Schedule

The Woodlands



December 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Indoor Recreation Pool Pool available for adult recreation anytime programming is not scheduled.						
Aqua Zumba 11:00a-11:45a			Aqua Zumba 11:00a-11:45a			
12/24 Only Family Swim 10:00a-1:30p		12/26 Only Family Swim 10:00a-4:30p	12/27 Only Family Swim 10:00a-4:30p	12/28 Only Family Swim 10:00a-4:30p		
12/31 Only Family Swim 10:00a-6:30p		12/26 Only Family Swim 6:00p-7:30p	12/27 Only Family Swim 6:00p-7:30p	12/28 Only Family Swim 6:00p-7:30p		
Family Swim 12:00p-3:30p	Family Swim 12:00p-3:30p	Family Swim 12:00p-3:30p	Family Swim 12:00p-3:30p	Family Swim 12:00p-7:30p	Family Swim 12:00p-7:30p	Family Swim 12:00p-7:30p
Swim Lessons 3:30p-6:00p	Swim Lessons 3:30p-6:00p	Swim Lessons 3:30p-6:00p	Swim Lessons 3:30p-6:00p			
Family Swim 6:00p-7:30p	Family Swim 6:00p-7:30p	Family Swim 6:00p-7:30p	Family Swim 6:00p-7:30p			
Indoor Lap Pool Lanes Available for lap swimming anytime programming is not scheduled.						
Stroke and Cond. 10:00a-11:00a Lanes 1 - 3		Stroke and Cond. 10:00a-11:00a Lanes 1 - 3			Swim Lessons 9:00a-12:00a Lanes 1 & 2	
Swim Lessons 4:30p-6:00p Lanes 1 & 2	Swim Lessons 4:30p-6:00p Lanes 1 & 2	Swim Lessons 4:30p-6:00p Lanes 1 & 2	Swim Lessons 4:30p-6:00p Lanes 1 & 2			
Swim Team 5:30p-6:45p Lanes 1 & 2	Swim Team 5:30p-6:45p Lanes 1 & 2	Swim Team 5:30p-6:45p Lanes 1 & 2	Swim Team 5:30p-6:45p Lanes 1 & 2			

Lane 5 is closest to the locker rooms.

Outdoor Pools Schedule The Woodlands



December 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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Outdoor Recreation Pool Lanes available for lap swimming anytime programming is not scheduled.

				Power Aqua 8:00a-9:00a		
Aqua Athletics 9:00a-10:00a	Aqua Athletics 9:00a-10:00a	Aqua Barre 9:00a-10:00a	Aqua Athletics 9:00a-10:00a	Aqua Athletics 9:00a-10:00a	Aqua Athletics 9:00a-10:00a	
Swim Team Deep Water Lane 5:30p-6:45p	Swim Team Deep Water Lane 5:30p-6:45p	Swim Team Deep Water Lane 5:30p-6:45p	Swim Team Deep Water Lane 5:30p-6:45p			
Aqua Athletics 6:30p-7:30p	Aqua Pilates 6:30p-7:30p	Aqua Athletics 6:30p-7:30p				

Lap swim lanes located in the deep end.

Outdoor Family Lap Pool

Lanes available for lap swimming anytime programming is not scheduled.

Swim Team 4:15p-8:00p All Lanes	Swim Team 4:15p-8:00p All Lanes	Swim Team 4:15p-8:00p All Lanes	Swim Team 4:15p-8:00p All Lanes		Swim Team 8:00a-9:45a All Lanes	
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Lane 4 is closest to the grass.

Outdoor Adult Lap Pool

Lanes available for lap swimming anytime programming is not scheduled.

Master Swim 5:30a-6:30a Lanes 1 - 4	Master Swim 5:30a-6:30a Lanes 1 - 4	Master Swim 5:30a-6:30a Lanes 1 - 4	Master Swim 5:30a-6:30a Lanes 1 - 4	Master Swim 5:30a-6:30a Lanes 1 - 4		
	Master Swim 12:00p-1:00p Lanes 1 - 4		Master Swim 12:00p-1:00p Lanes 1 - 4	Master Swim 12:00p-1:00p Lanes 1 - 4		

Lane 5 is closest to the whirlpool.

Poolside Café

Closed for the Season