

# Indoor Pools Schedule

## The Woodlands



**April 2019**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Indoor Recreation Pool</b>						
Pool available for adult recreation anytime programming is not scheduled.						
<b>Aqua Zumba</b> 11:00a-11:45a			<b>Aqua Zumba</b> 11:00a-11:45a		<b>Swim Lessons</b> 9:00a-12:00p	
<b>Family Swim</b> 12:00p-4:00p	<b>Family Swim</b> 12:00p-4:00p	<b>Family Swim</b> 12:00p-4:00p	<b>Family Swim</b> 12:00p-4:00p	<b>Family Swim</b> 12:00p-7:30p	<b>Family Swim</b> 12:00p-7:30p	<b>Family Swim</b> 12:00p-7:30p
<b>Swim Lessons</b> 4:30p-6:00p	<b>Swim Lessons</b> 4:30p-6:00p	<b>Swim Lessons</b> 4:30p-6:00p	<b>Swim Lessons</b> 4:30p-6:00p			
	<b>Family Swim</b> 6:00p-7:30p		<b>Family Swim</b> 6:00p-7:30p			
<b>Indoor Lap Pool</b>						
Lanes Available for lap swimming anytime programming is not scheduled.						
<b>Stroke and Cond.</b> 10:00a-11:00a Lanes 1 - 3		<b>Stroke and Cond.</b> 10:00a-11:00a Lanes 1 - 3			<b>Swim Lessons</b> 9:00a-12:00a Lanes 1 & 3	
<b>Swim Lessons</b> 4:30p-6:00p Lanes 1 & 2	<b>Swim Lessons</b> 4:30p-6:00p Lanes 1 & 2	<b>Swim Lessons</b> 4:30p-6:00p Lanes 1 & 2	<b>Swim Lessons</b> 4:30p-6:00p Lanes 1 & 2			
<b>Swim Team</b> 5:30p-6:45p Lanes 1 & 2	<b>Swim Team</b> 5:30p-6:45p Lanes 1 & 2	<b>Swim Team</b> 5:30p-6:45p Lanes 1 & 2	<b>Swim Team</b> 5:30p-6:45p Lanes 1 & 2			

Lane 5 is closest to the locker rooms.

# Outdoor Pools Schedule The Woodlands



## April 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Outdoor Recreation Pool</b> (Family Swim Begins 3/10)			Lanes available for lap swimming anytime programming is not scheduled.			
<b>Aqua Athletics</b> 9:00a-10:00a	<b>Aqua Athletics</b> 9:00a-10:00a	<b>Aqua Barre</b> 9:00a-10:00a	<b>Aqua Athletics</b> 9:00a-10:00a	<b>Aqua Athletics</b> 9:00a-10:00a	<b>Aqua Athletics</b> 9:00a-10:00a	
<b>Family Swim</b> 3:30p-7:00p	<b>Family Swim</b> 3:30p-7:00p	<b>Family Swim</b> 3:30p-7:00p	<b>Family Swim</b> 3:30p-7:00p	<b>Family Swim</b> 3:30p-7:00p	<b>Family Swim</b> 10:00a-7:00p	<b>Family Swim</b> 10:00a-7:00p
<b>Swim Team</b> Deep Water Lane 5:30p-6:45p	<b>Swim Team</b> Deep Water Lane 5:30p-6:45p	<b>Swim Team</b> Deep Water Lane 5:30p-6:45p	<b>Swim Team</b> Deep Water Lane 5:30p-6:45p			
<b>Aqua Athletics</b> 6:30p-7:30p	<b>Aqua Pilates</b> 6:30p-7:30p	<b>Aqua Athletics</b> 6:30p-7:30p				

Lap swim lanes located in the deep end.

If the temperature is below 65 degrees, Family Swim will be closed.

<b>Outdoor Family Lap Pool</b>			Lanes available for lap swimming anytime programming is not scheduled.			
<b>Swim Team</b> 4:15p-8:00p All Lanes	<b>Swim Team</b> 4:15p-8:00p All Lanes	<b>Swim Team</b> 4:15p-8:00p All Lanes	<b>Swim Team</b> 4:15p-8:00p All Lanes	<b>Swim Team</b> 5:00p-6:00p All Lanes	<b>Swim Team</b> 8:00a-9:45a All Lanes	

Lane 4 is closest to the grass.

<b>Outdoor Adult Lap Pool</b>			Lanes available for lap swimming anytime programming is not scheduled.			
<b>Master Swim</b> 6:00a-7:00a Lanes 1 - 4	<b>Master Swim</b> 6:00a-7:00a Lanes 1 - 4	<b>Master Swim</b> 6:00a-7:00a Lanes 1 - 4	<b>Master Swim</b> 6:00a-7:00a Lanes 1 - 4	<b>Master Swim</b> 6:00a-7:00a Lanes 1 - 4		
	<b>Master Swim</b> 12:00p-1:00p Lanes 1 - 4		<b>Master Swim</b> 12:00p-1:00p Lanes 1 - 4	<b>Master Swim</b> 12:00p-1:00p Lanes 1 - 4		

Lane 5 is closest to the whirlpool.

## Poolside Café

**Closed For The Season**

# Indoor Pools Schedule The Woodlands

All Pools and Whirlpools close  
30 minutes prior to club  
closing.

**May 2019**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Indoor Recreation Pool</b> Starting 5/4, pool available for Open Swim anytime programming is not scheduled.						
<b>Aqua Zumba</b> 11:00a-11:45a			<b>Aqua Zumba</b> 11:00a-11:45a		<b>Swim Lessons</b> 9:00a-12:00p	
<b>Swim Lessons</b> 4:30p-6:00p	<b>Swim Lessons</b> 4:30p-6:00p	<b>Swim Lessons</b> 4:30p-6:00p	<b>Swim Lessons</b> 4:30p-6:00p		<b>Family Swim</b> 12:00p-7:30p	<b>Family Swim</b> 12:00p-7:30p
<b>Indoor Lap Pool</b> Lanes Available for lap swimming anytime programming is not scheduled.						
<b>Stroke and Cond.</b> 10:00a-11:00a Lanes 1 - 3		<b>Stroke and Cond.</b> 10:00a-11:00a Lanes 1 - 3			<b>Swim Lessons</b> 9:00a-12:00a Lanes 1 & 2	
<b>Swim Lessons</b> 4:30p-6:00p Lanes 1 & 2	<b>Swim Lessons</b> 4:30p-6:00p Lanes 1 & 2	<b>Swim Lessons</b> 4:30p-6:00p Lanes 1 & 2	<b>Swim Lessons</b> 4:30p-6:00p Lanes 1 & 2			
<b>Swim Team</b> 5:15p-8:00p Lanes 1-4	<b>Swim Team</b> 5:15p-8:00p Lanes 1-4	<b>Swim Team</b> 5:15p-8:00p Lanes 1-4	<b>Swim Team</b> 5:15p-8:00p Lanes 1-4	<b>Swim Team</b> 5:15p-8:00p Lanes 1-4		

Lane 5 is closest to the locker rooms.

# Outdoor Pools Schedule The Woodlands

All Pools and Whirlpools  
close 30 minutes prior to club  
closing.

## May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Outdoor Recreation Pool</b> Starting 5/4, pool available for Open Swim anytime programming is not scheduled.						
<b>Aqua Barre</b> 9:00a-10:00a	<b>Aqua Athletics</b> 9:00a-10:00a	<b>Aqua Barre</b> 9:00a-10:00a	<b>Aqua Athletics</b> 9:00a-10:00a	<b>Aqua Athletics</b> 9:00a-10:00a	<b>Aqua Athletics</b> 9:00a-10:00a	
<b>Family Swim</b> 3:30p-7:00p	<b>Family Swim</b> 3:30p-7:00p	<b>Family Swim</b> 3:30p-7:00p	<b>Family Swim</b> 3:30p-7:00p	<b>Family Swim</b> 3:30p-7:00p	<b>Family Swim</b> 11:30a-7:00p	<b>Family Swim</b> 11:30a-7:00p
<b>Swim Team</b> Deep Water Lane 5:30p-6:45p	<b>Swim Team</b> Deep Water Lane 5:30p-6:45p	<b>Swim Team</b> Deep Water Lane 5:30p-6:45p	<b>Swim Team</b> Deep Water Lane 5:30p-6:45p			
<b>Aqua Athletics</b> 6:30p-7:30p	<b>Aqua Pilates</b> 6:30p-7:30p	<b>Aqua Athletics</b> 6:30p-7:30p				

Lap swim lanes located in the deep end.

If the temperature is below 65 degrees, Family Swim will be closed.

<b>Outdoor Family Lap Pool</b>				Lanes available for lap swimming anytime programming is not scheduled.		
<b>Swim Team</b> 4:15p-5:15p All Lanes	<b>Swim Team</b> 4:15p-5:15p All Lanes	<b>Swim Team</b> 4:15p-5:15p All Lanes	<b>Swim Team</b> 4:15p-5:15p All Lanes		<b>Swim Team</b> 8:00a-9:45a All Lanes	
<b>Swim Team</b> 5:15p-8:00p Lanes 1&2	<b>Swim Team</b> 5:15p-8:00p Lanes 1&2	<b>Swim Team</b> 5:15p-8:00p Lanes 1&2	<b>Swim Team</b> 5:15p-8:00p Lanes 1&2			

Lane 4 is closest to the grass.

<b>Outdoor Adult Lap Pool</b>				Lanes available for lap swimming anytime programming is not scheduled.		
<b>Master Swim</b> 6:00a-7:00a Lanes 1 - 4	<b>Master Swim</b> 6:00a-7:00a Lanes 1 - 4	<b>Master Swim</b> 6:00a-7:00a Lanes 1 - 4	<b>Master Swim</b> 6:00a-7:00a Lanes 1 - 4	<b>Master Swim</b> 6:00a-7:00a Lanes 1 - 4		
	<b>Master Swim</b> 12:00p-1:00p Lanes 1 - 4		<b>Master Swim</b> 12:00p-1:00p Lanes 1 - 4	<b>Master Swim</b> 12:00p-1:00p Lanes 1 - 4		

Lane 5 is closest to the whirlpool.

## Poolside Café

Closed for the Season