

Indoor Pools Schedule San Jose

All Pools and Whirlpools close 30 minutes prior to club closing.

July 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Indoor Recreation Pool			Pool available for Open Swim anytime programming is not scheduled.			
Gentle Aqua 11:15a-12:15p	Swim Lessons 10:00a-11:30a		Swim Lessons 10:00a-11:30a		Family Swim 9:30a-9:00p	Family Swim 9:30a-9:00p
	Gentle Aqua 12:15p-1:15p		Gentle Aqua 12:15p-1:15p		Swim Lessons 9:00a-11:30a	
Swim Lessons 4:00p-6:00p	Swim Lessons 4:00p-6:00p	Swim Lessons 4:00p-6:00p	Swim Lessons 4:00p-6:00p			
Family Swim 9:00a-9:00p	Family Swim 9:00a-9:00p	Family Swim 9:00a-9:00p	Family Swim 9:00a-9:00p	Family Swim 9:00a-9:00p	Family Swim 9:00a-9:00p	Family Swim 9:00a-9:00p
Indoor Lap Pool			Lanes available for lap swimming anytime programming is not scheduled.			
	Aqua Athletics 9:15a-10:15a	Aqua Athletics 9:15a-10:15a		Aqua Athletics 9:15a-10:15a		
Swim Lessons 4:00p-5:30p Lanes 4-5	Swim Lessons 4:00p-5:30p Lanes 4-5	Swim Lessons 4:00p-5:30p Lanes 4-5	Swim Lessons 4:00p-5:30p Lanes 4-5		Swim Lessons 9:00am-10:30am Lanes 4-5	
Adult Stroke & Conditioning 7:00p-8:00p		Adult Stroke & Conditioning 7:00p-8:00p				

Lane 1 is closest to the Locker Rooms.

Outdoor Pools Schedule San Jose

All Pools and Whirlpools close 30 minutes prior to club closing.

July 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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Outdoor Recreation Pool Pool available for Open Swim anytime programming is not scheduled, from sunrise to sunset

Family Swim 12:00p-8:00p	Family Swim 12:00p-8:00p	Family Swim 12:00p-8:00p	Family Swim 12:00p-8:00p	Family Swim 12:00p-8:00p	Family Swim 12:00p-8:00p	Family Swim 12:00p-8:00p
7/8 Junior Lifeguard Camp 1:00p-5:00p	7/9 Junior Lifeguard Camp 1:00p-5:00p	7/10 Junior Lifeguard Camp 1:00p-5:00p	7/11 Junior Lifeguard Camp 1:00p-5:00p	7/12 Junior Lifeguard Camp 1:00p-5:00p		

Family swim will be closed if the weather is 60 degrees or below.

Outdoor Family Lap Pool Lanes available for lap swimming anytime programming is not scheduled.

7/22 Performance Swim Camp 8:00a - 12:00p	7/23 Performance Swim Camp 8:00a - 12:00p	7/24 Performance Swim Camp 8:00a - 12:00p	7/25 Performance Swim Camp 8:00a - 12:00p	7/26 Performance Swim Camp 8:00a - 12:00p	Swim Team 8:00a-10:00a	
Swim Team 4:30p-8:00p	Swim Team 4:30p-8:00p	Swim Team 4:30p-8:00p	Swim Team 4:30p-8:00p	Swim Team 4:30p-8:00p		

Outdoor Adult Lap Pool (Ages 18+) Lanes available for lap swimming anytime programming is not scheduled.

Master Swim 5:30a-6:30a	Master Swim 5:30a-6:30a	Master Swim 5:30a-6:30a	Master Swim 5:30a-6:30a	Master Swim 5:30a-6:30a		
					Aqua Athletics 9:15a-10:15a	
Aqua Zumba 7:30p-8:30p	Master Swim 7:30p-8:00p	Aqua Athletics 7:30p-8:30p	Master Swim 7:30p-8:00p	Master Swim 7:30p-8:00p		

Poolside Café

12:00p-8:00p	12:00p-8:00p	12:00p-8:00p	12:00p-8:00p	12:00p-8:00p	12:00p-7:00p	12:00p-7:00p
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Poolside Bar

12:00p-8:00p	12:00p-8:00p	12:00p-8:00p	12:00p-8:00p	12:00p-8:00p	12:00p-7:00p	12:00p-7:00p
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