

Indoor Pools Schedule San Jose



January 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Indoor Recreation Pool						
Pool available for adult recreation anytime programming is not scheduled.						
Family Swim 10:00a-9:00p	Family Swim 10:00a-9:00p	Family Swim 10:00a-9:00p	Family Swim 10:00a-9:00p	Family Swim 10:00a-9:00p	Family Swim 9:00a-9:00p	Family Swim 9:00a-9:00p
Gentle Aqua 11:15a-12:15p	Swim Lessons 10:00a-11:30a		Swim Lessons 10:00a-11:30a	Aqua Zumba 11:15a-12:15p	Swim Lessons 9:00a-11:30a	
Swim Lessons 4:00p-6:00p	Gentle Aqua 12:15p-1:15p	Gentle Aqua 11:15a-12:15p	Gentle Aqua 12:15p-1:15p			
	Swim Lessons 4:00p-6:00p	Swim Lessons 4:00p-6:00p	Swim Lessons 4:00p-6:00p			

Water structure will remain off during group swim lessons.

Indoor Lap Pool						
Lanes available for lap swimming anytime programming is not scheduled.						
	Aqua Athletics 9:15a-10:15a	Aqua Athletics 9:15a-10:15a		Aqua Athletics 9:15a-10:15a		
Swim Lessons 4:00p-5:30p Lanes 4-5	Swim Lessons 4:00p-5:30p Lanes 4-5	Swim Lessons 4:00p-5:30p Lanes 4-5	Swim Lessons 4:00p-5:30p Lanes 4-5		Swim Lessons 9:00am-10:30am Lanes 4-5	
Adult Stroke & Conditioning 7:00p-8:00p		Adult Stroke & Conditioning 7:00p-8:00p				

Lane 1 is closest to the Locker Rooms.

Outdoor Pools Schedule San Jose



January 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Outdoor Recreation Pool						
Closed for the Season						

Family swim will be closed if the weather is 60 degrees or below.

Outdoor Family Lap Pool Lanes available for lap swimming anytime programming is not scheduled.

Swim Team 4:15p-7:45p	Swim Team 4:15p-7:45p	Swim Team 4:15p-7:45p	Swim Team 4:15p-7:45p	Swim Team 4:15p-7:45p	Swim Team 7:00a-9:30a	
	1/1 Only Performance Swim Camp 8:00am - 12:00pm	1/2 Only Performance Swim Camp 8:00am - 12:00pm	1/3 Only Performance Swim Camp 8:00am - 12:00pm	1/4 Only Performance Swim Camp 8:00am - 12:00pm		

Outdoor Adult Lap Pool (Ages 18+) Lanes available for lap swimming anytime programming is not scheduled.

Master Swim 5:30a-6:30a	Master Swim 5:30a-6:30a	Master Swim 5:30a-6:30a	Master Swim 5:30a-6:30a	Master Swim 5:30a-6:30a		
	Master Swim 12:00p-1:00p		Master Swim 12:00p-1:00p	Master Swim 12:00p-1:00p	Aqua Athletics 9:15a-10:15a	
Aqua Zumba 7:15p-8:15p	Aqua Athletics 7:15p-8:15p	Aqua Zumba 7:15p-8:15p	Aqua Athletics 7:15p-8:15p			

Poolside Café

Closed for the Season						
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Poolside Bar

Closed for the Season						
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