

Indoor Pool Schedule Colorado Springs

All Pools and Whirlpools close 30 minutes prior to club closing.

*Paid Group Exercise Class

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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VillaSplash VillaSplash is available for Open Swim anytime programming is not scheduled.

Indoor slides remain off if outdoor slides are operational.

Family Swim 3:30p-8:00p	Family Swim 3:30p-8:00p	Family Swim 3:30p-8:00p	Family Swim 3:30p-8:00p	Family Swim 12:30p-8:00p	Family Swim 10:00a-8:00p	Family Swim 10:00a-8:00p
Therapy Pool Adult recreation swim is for ages 13 and above unless otherwise noted.						
Adult Rec 5:00a-7:30a	Adult Rec 5:00a-9:00a	Adult Rec 5:00a-7:30a	Adult Rec 5:00a-9:00a	Adult Rec 5:00a-10:00a	Adult Rec 6:00a-8:00a	Adult Rec 6:00a-1:00p
Aqua Athletics 7:30a-8:30a	Swim Lessons 9:00a-12:00p	Aqua Interval 7:30a-8:30a	Swim Lessons 9:00a-12:30p	Open Swim 10:00a-12:00p	Aqua Pilates 8:00a-9:00a	Open Swim 1:00p-5:00p
Adult Rec 8:30a-12:00p	Adult Rec 1:00p-3:00p Ages 18+	Gentle Aqua 9:00a-10:00a	Adult Rec 12:30p-1:00p	Gentle Aqua 12:00p-1:00p	Swim Lessons 9:00a-12:00p	Adult Rec 5:00p-8:30p
Aqua Pilates 12:00p-1:00p	Swim Lessons 4:00p-6:15p	Adult Rec 10:00a-12:00p	Open Swim 1:00p-3:30p	Adult Rec 1:00p-3:00p Ages 18+	Adult Rec 12:00p-1:30p Ages 18+	
Adult Rec 1:00p-3:00p Ages 18+	Aqua Athletics 6:15p-7:15pm	Aqua Barre 12:00p-1:00p	Adult Rec 3:30p-4:00p	Open Swim 4:00p-7:00p	*Aqua Enhanced Movement 1:30p-2:30p	
Swim Lessons 4:00p-6:15p	Adult Rec 7:15p-10:30p	Adult Rec 1:00p-3:00p Ages 18+	Swim Lessons 4:00p-6:15p	Adult Rec 7:00p-9:30p	Open Swim 3:00p-5:00p	
Aqua Athletics 6:15p-7:15p		Swim Lessons 4:00p-6:15p	Aqua Athletics 6:15p-7:15pm		Adult Rec 5:00p-8:30p	
Adult Rec 7:15p-10:30p		Aqua Pilates 6:15p-7:15p	Adult Rec 7:15p-10:30p			
		Adult Rec 7:15p-10:30p				

Indoor Lap Pool Lanes available for lap swimming anytime programming is not scheduled.

Masters 5:30a-6:30a Lanes 1 & 2	Masters 5:30a-6:30a Lanes 1 & 2	Masters 5:30a-6:30a Lanes 1 & 2	Masters 5:30a-6:30a Lanes 1 & 2	Masters 5:30a-6:30a Lanes 1 & 2	Swim Team 9:00a-1:00p Lanes 1 - 3	
Swim Team 8:30a-10:00a Lanes 1- 3	Masters 12:00p-1:00p Lanes 1 & 2	Swim Team 8:30a-10:00a Lanes 1- 3	Masters 12:00p-1:00p Lanes 1 & 2	Swim Team 8:30a-10:00a Lanes 1- 3		
Swim Team 3:30p-6:30p Lanes 1 - 3	Swim Team 3:30p-6:15p Lanes 1 - 3	Swim Team 3:30p-6:30p Lanes 1 - 3	Swim Team 3:30p-6:15p Lanes 1 - 3	Masters 12:00p-1:00p Lanes 1 & 2		
Swim Lessons 4:00p-6:00p Lane 5	Swim Lessons 4:00p-6:00p Lane 5	Swim Lessons 4:00p-6:00p Lane 5	Swim Lessons 4:00p-6:00p Lane 5	Swim Team 3:30p-6:30p Lanes 1 - 3		

Lane 1 is closest to VillaSplash.

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September 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Outdoor Recreation Pool						
Pool is available for Open Swim anytime programming is not scheduled (sunrise to sunset).						
Aqua Athletics 9:00a-10:00a	Aqua Zumba 9:00a-10:00a		Aqua Athletics 9:00a-10:00a	Aqua Zumba 9:00a-10:00a		
Family Swim 12:00p-7:00p	Family Swim 12:00p-7:00p	Family Swim 12:00p-7:00p	Family Swim 12:00p-7:00p	Family Swim 12:00p-7:00p	Family Swim 10:00a-7:00p	Family Swim 10:00a-7:00p
Adult Lap Pool		Lanes available for lap swimming anytime programming is not scheduled.				
Lap Swim 5:00a - 10:30p	Lap Swim 5:00a - 10:30p	Lap Swim 5:00a - 10:30p	Lap Swim 5:00a - 10:30p	Lap Swim 5:00a - 9:30p	Lap Swim 6:00a - 8:30p	Lap Swim 6:00a - 8:30p
Leisure Swim 5:00a - 10:30p	Leisure Swim 5:00a - 10:30p	Leisure Swim 5:00a - 10:30p	Leisure Swim 5:00a - 10:30p	Leisure Swim 5:00a - 9:30p	Leisure Swim 6:00a - 8:30p	Leisure Swim 6:00a - 8:30p
Poolside Café (Closed starting 9/3)						
12:00p-7:00p	12:00p-7:00p	12:00p-7:00p	12:00p-7:00p	12:00p-7:00p	10:30a-7:00p	10:30a-7:00p
Poolside Bar (Closed starting 9/3)						
12:00p-7:00p	12:00p-7:00p	12:00p-7:00p	12:00p-7:00p	12:00p-7:00p	11:00a-7:00p	11:00a-7:00p