

Indoor Pool Schedule Colorado Springs

All Pools and Whirlpools close 30 minutes prior to club closing.

*Paid Group Exercise Class

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
VillaSplash VillaSplash is available for Open Swim anytime programming is not scheduled.						
Family Swim 10:30a- 12:30p	Family Swim 10:30a- 12:30p	Family Swim 10:30a- 12:30p	Family Swim 10:30a- 12:30p			
Family Swim 3:30p-8:00p	Family Swim 3:30p-8:00p	Family Swim 3:30p-8:00p	Family Swim 3:30p-8:00p	Family Swim 12:00p-8:00p	Family Swim 10:00a-8:00p	Family Swim 10:00a-8:00p
3/23 Only Family Swim 10:00a- 8:00p	3/24 Only Family Swim 10:00a- 8:00p	3/25 Only Family Swim 10:00a- 8:00p	3/26 Only Family Swim 10:00a- 8:00p	3/27 Only Family Swim 10:00a- 8:00p		
Therapy Pool Adult recreation swim is for ages 13 and above unless otherwise noted.						
Adult Rec 5:00a-7:30a	Adult Rec 5:00a-9:00a	Adult Rec 5:00a-7:30a	Adult Rec 5:00a-9:00a	Adult Rec 5:00a-10:00a	Adult Rec 6:00a-8:00a	Adult Rec 6:00a-1:00p
Aqua Athletics 7:30a-8:30a	Swim Lessons 9:00a-12:00p	Aqua Athletics 7:30a-8:30a	Swim Lessons 9:00a-12:30p	Open Swim 10:00a-12:00p	Aqua Pilates 8:00a-9:00a	Open Swim 1:00p-5:00p
Adult Rec 8:30a-12:00p	Adult Rec 12:00p-4:00p Ages 18+	Gentle Aqua 9:00a-10:00a	Adult Rec 12:30p-1:00p	Gentle Aqua 12:00p-1:00p	Swim Lessons 9:00a-12:00p	Adult Rec 5:00p-8:30p
Aqua Pilates 12:00p-1:00p	Swim Lessons 4:00p-6:15p	Adult Rec 10:00a-12:00p	Open Swim 1:00p-3:30p	Adult Rec 1:00p-4:00p Ages 18+	Adult Rec 12:00p-3:00p Ages 18+	
Adult Rec 1:00p-4:00p Ages 18+	Aqua Athletics 6:15p-7:15pm	Aqua Barre 12:00p-1:00p	Adult Rec 3:30p-4:00p	Open Swim 4:00p-7:00p	Open Swim 3:00p-5:00p	
Swim Lessons 4:00p-6:15p	Adult Rec 7:15p-10:30p	Adult Rec 1:00p-4:00p Ages 18+	Swim Lessons 4:00p-6:15p	Adult Rec 7:00p-9:30p	Adult Rec 5:00p-8:30p	
Aqua Athletics 6:15p-7:15p		Swim Lessons 4:00p-6:15p	Aqua Athletics 6:15p-7:15pm			
Adult Rec 7:15p-10:30p		Aqua Pilates 6:15p-7:15p	Adult Rec 7:15p-10:30p			
		Adult Rec 7:15p-10:30p				
3/23 Only Swim Lessons 9:00a-10:30a	3/24 Only Swim Lessons 9:00a-10:30a	3/25 Only Swim Lessons 9:00a-10:30a	3/26 Only Swim Lessons 9:00a-10:30a			
Indoor Lap Pool Lanes available for lap swimming anytime programming is not scheduled.						
Masters 5:30a-6:30a Lanes 1 & 2	Masters 5:30a-6:30a Lanes 1 & 2	Masters 5:30a-6:30a Lanes 1 & 2	Masters 5:30a-6:30a Lanes 1 & 2	Masters 5:30a-6:30a Lanes 1 & 2	Swim Team 9:00a-1:00p Lanes 1 - 3	
Aqua Athletics 9:00a-10:00a	Aqua Zumba 9:00a-10:00a	Masters 10:00a-11:00a Lanes 1 & 2	Aqua Athletics 9:00a-10:00a	Aqua Zumba 9:00a-10:00a		
Masters 10:00a-11:00a Lanes 1 & 2	Swim Team 3:30p-6:15p Lanes 1 - 3	Swim Team 3:30p-6:30p Lanes 1 - 3	Swim Team 3:30p-6:15p Lanes 1 - 3	Masters 10:00a-11:00a Lanes 1 & 2		
Swim Team 3:30p-6:30p Lanes 1 - 3	Swim Lessons 4:00p-6:00p Lane 5	Swim Lessons 4:00p-6:00p Lane 5	Swim Lessons 4:00p-6:00p Lane 5	Swim Team 3:30p-6:30p Lanes 1 - 3		
Swim Lessons 4:00p-6:00p Lane 5						
3/23 Only Performance Camp 8:00a-12:00p Lanes 1-2	3/24 Only Performance Camp 8:00a-12:00p Lanes 1-2	3/25 Only Performance Camp 8:00a-12:00p Lanes 1-2	3/26 Only Performance Camp 8:00a-12:00p Lanes 1-2	3/27 Only Performance Camp 8:00a-12:00p Lanes 1-2		
3/23 Only Swim Lessons 10:00a-10:45a Lane 5	3/24 Only Swim Lessons 10:00a-10:45a Lane 5	3/25 Only Swim Lessons 10:00a-10:45a Lane 5	3/26 Only Swim Lessons 10:00a-10:45a Lane 5			

Lane 1 is closest to VillaSplash.

Colorado Springs

Monday schedule table with columns: Start time, End time, Time length, Activity, Location. Includes Lap Swim, Masters Swim, Group Exercise, Swim Lessons, Swim Team, Open Swim, Family Swim.

March 2020

Tuesday schedule table with columns: Start time, End time, Time length, Activity, Location. Includes Lap Swim, Masters Swim, Group Exercise, Swim Lessons, Swim Team, Open Swim, Family Swim.

Pool Schedule

Wednesday schedule table with columns: Start time, End time, Time length, Activity, Location. Includes Lap Swim, Masters Swim, Group Exercise, Swim Lessons, Swim Team, Open Swim, Family Swim.

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Thursday schedule table with columns: Start time, End time, Time length, Activity, Location. Includes Lap Swim, Masters Swim, Group Exercise, Swim Lessons, Swim Team, Open Swim, Family Swim.

Friday schedule table with columns: Start time, End time, Time length, Activity, Location. Includes Lap Swim, Masters Swim, Group Exercise, Swim Lessons, Swim Team, Open Swim, Family Swim.

Saturday schedule table with columns: Start time, End time, Time length, Activity, Location. Includes Lap Swim, Masters Swim, Group Exercise, Swim Lessons, Swim Team, Open Swim, Family Swim.

Sunday schedule table with columns: Start time, End time, Time length, Activity, Location. Includes Lap Swim, Open Swim, Family Swim.

Spring Break Family Swim schedule table with columns: Start time, End time, Time length, Activity, Location.

VSplash = VillaSplash
TP = Therapy Pool
TP - South = Therapy Pool South
TP - North = Therapy Pool North
TP - East = Therapy Pool East
TP - SW Corner = Therapy Pool South West Corner
TP - Stairs = Therapy Pool Stairs
TP - West Stairs = Therapy Pool West Stairs
ILP = Indoor Lap Pool (5 lanes)
ILP GX = Indoor Lap Pool Group Exercise Class - Used Lanes 2,3,4,5 (Lane 1 is opened)
OP = Outdoor Pool
OAP = Outdoor Adult Pool (2 lanes)
Open Swim / Lap Swim / Adult Rec = NO Lifeguard on duty
Family Swim = Lifeguard on duty