

November 2020 Indoor Lap Pool Schedule Beaverton

Updated 11/24/2020

Monday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM					
5:30 AM					
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Tuesday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
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Wednesday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
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Thursday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
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Friday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
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Saturday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
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Sunday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
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Pool Guidelines
Closed

November 2020 Indoor Rec Pool Schedule Beaverton

Updated 11/24/2020

Monday				
Time	Indoor Rec Pool			
	Lane 1	Lane 2	Lane 3	Rec Area
5:00 AM				
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Tuesday				
Time	Indoor Rec Pool			
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Wednesday				
Time	Indoor Rec Pool			
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Thursday				
Time	Indoor Rec Pool			
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Friday				
Time	Indoor Rec Pool			
	Lane 1	Lane 2	Lane 3	Rec Area
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Saturday				
Time	Indoor Rec Pool			
	Lane 1	Lane 2	Lane 3	Rec Area
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Sunday				
Time	Indoor Rec Pool			
	Lane 1	Lane 2	Lane 3	Rec Area
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Pool Guidelines				
Closed				

November 2020 Outdoor Rec Pool Schedule Beaverton

Updated 11/24/2020

Monday						
Time	Outdoor Rec Pool					Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	
5:00 AM	Free Swim (45 minutes RSVP)					Open Swim
5:30 AM						
6:00 AM	Free Swim (45 minutes RSVP)					Open Swim
6:30 AM						
7:00 AM	Free Swim (45 minutes RSVP)					Open Swim
7:30 AM						
8:00 AM	Free Swim (45 minutes RSVP)					Open Swim
8:30 AM						
9:00 AM	Free Swim (45 minutes RSVP)					Open Swim
9:30 AM						
10:00 AM	Free Swim (45 minutes RSVP)					Open Swim
10:30 AM						
11:00 AM	Free Swim (45 minutes RSVP)					Open Swim
11:30 AM						
12:00 PM	Free Swim (45 minutes RSVP)					Open Swim
12:30 PM						
1:00 PM	Free Swim (45 minutes RSVP)					Open Swim
1:30 PM						
2:00 PM	Free Swim (45 minutes RSVP)					Open Swim
2:30 PM						
3:00 PM	Reserved for Swim Team					Open Swim
3:30 PM						
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5:00 PM						
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Tuesday						
Time	Outdoor Rec Pool					Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	
5:00 AM	Free Swim (45 minutes RSVP)					Open Swim
5:30 AM						
6:00 AM	Free Swim (45 minutes RSVP)					Open Swim
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7:00 AM	Free Swim (45 minutes RSVP)					Open Swim
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8:00 AM	Free Swim (45 minutes RSVP)					Open Swim
8:30 AM						
9:00 AM	Free Swim (45 minutes RSVP)					Open Swim
9:30 AM						
10:00 AM	Aqua Therapy (RSVP Required)					Open Swim
10:30 AM						
11:00 AM	Free Swim (45 minutes RSVP)					Open Swim
11:30 AM						
12:00 PM	Free Swim (45 minutes RSVP)					Open Swim
12:30 PM						
1:00 PM	Free Swim (45 minutes RSVP)					Open Swim
1:30 PM						
2:00 PM	Free Swim (45 minutes RSVP)					Open Swim
2:30 PM						
3:00 PM	Reserved for Swim Team					Open Swim
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Wednesday						
Time	Outdoor Rec Pool					Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	
5:00 AM	Free Swim (45 minutes RSVP)					Open Swim
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6:00 AM	Free Swim (45 minutes RSVP)					Open Swim
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7:00 AM	Free Swim (45 minutes RSVP)					Open Swim
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9:00 AM	Free Swim (45 minutes RSVP)					Open Swim
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10:00 AM	Free Swim (45 minutes RSVP)					Open Swim
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11:00 AM	Free Swim (45 minutes RSVP)					Open Swim
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12:00 PM	Free Swim (45 minutes RSVP)					Open Swim
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1:00 PM	Free Swim (45 minutes RSVP)					Open Swim
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2:00 PM	Free Swim (45 minutes RSVP)					Open Swim
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3:00 PM	Reserved for Swim Team					Open Swim
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Thursday						
Time	Outdoor Rec Pool					Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	
5:00 AM	Free Swim (45 minutes RSVP)					Open Swim
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8:30 AM						
9:00 AM	Free Swim (45 minutes RSVP)					Open Swim
9:30 AM						
10:00 AM	Aqua Therapy (RSVP Required)					Open Swim
10:30 AM						
11:00 AM	Free Swim (45 minutes RSVP)					Open Swim
11:30 AM						
12:00 PM	Free Swim (45 minutes RSVP)					Open Swim
12:30 PM						
1:00 PM	Free Swim (45 minutes RSVP)					Open Swim
1:30 PM						
2:00 PM	Free Swim (45 minutes RSVP)					Open Swim
2:30 PM						
3:00 PM	Reserved for Swim Team					Open Swim
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Friday						
Time	Outdoor Rec Pool					Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	
5:00 AM	Free Swim (45 minutes RSVP)					Open Swim
5:30 AM						
6:00 AM	Free Swim (45 minutes RSVP)					Open Swim
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7:00 AM	Free Swim (45 minutes RSVP)					Open Swim
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8:00 AM	Free Swim (45 minutes RSVP)					Open Swim
8:30 AM						
9:00 AM	Free Swim (45 minutes RSVP)					Open Swim
9:30 AM						
10:00 AM	Aqua Therapy (RSVP Required)					Open Swim
10:30 AM						
11:00 AM	Free Swim (45 minutes RSVP)					Open Swim
11:30 AM						
12:00 PM	Free Swim (45 minutes RSVP)					Open Swim
12:30 PM						
1:00 PM	Free Swim (45 minutes RSVP)					Open Swim
1:30 PM						
2:00 PM	Free Swim (45 minutes RSVP)					Open Swim
2:30 PM						
3:00 PM	Reserved for Swim Team					Open Swim
3:30 PM						
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Saturday						
Time	Outdoor Rec Pool					Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	
7:30 AM	Reserved for Swim Team					Open Swim
8:00 AM						
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1:00 PM	Free Swim (45 minutes RSVP)					Open Swim
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2:00 PM	Free Swim (45 minutes RSVP)					Open Swim
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3:00 PM	Free Swim (45 minutes RSVP)					Open Swim
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4:00 PM	Free Swim (45 minutes RSVP)					Open Swim
4:30 PM						
5:00 PM	Free Swim (45 minutes RSVP)					Open Swim
5:30 PM						
6:00 PM	Free Swim (45 minutes RSVP)					Open Swim
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7:00 PM	Free Swim (45 minutes RSVP)					Open Swim
7:30 PM						

Sunday						
Time	Outdoor Rec Pool					Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	
7:30 AM	Free Swim (45 minutes RSVP)					Open Swim
8:00 AM						
8:30 AM	Free Swim (45 minutes RSVP)					Open Swim
9:00 AM						
9:30 AM	Free Swim (45 minutes RSVP)					Open Swim
10:00 AM						
10:30 AM	Free Swim (45 minutes RSVP)					Open Swim
11:00 AM						
11:30 AM	Free Swim (45 minutes RSVP)					Open Swim
12:00 PM						
12:30 PM	Free Swim (45 minutes RSVP)					Open Swim
1:00 PM						
1:30 PM	Free Swim (45 minutes RSVP)					Open Swim
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2:30 PM	Free Swim (45 minutes RSVP)					Open Swim
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3:30 PM	Free Swim (45 minutes RSVP)					Open Swim
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4:30 PM	Free Swim (45 minutes RSVP)					Open Swim
5:00 PM						
5:30 PM	Free Swim (45 minutes RSVP)					Open Swim
6:00 PM						

Pool Guidelines
Fitness equipment is not allowed.
Pool schedules and availability are subject to change.
Swimmers who are incontinent or not fully toilet trained must wear VillaSport-approved swim diapers with a tight-fitting protective covering, available at the Club Shop.
Outdoor pools are subject to close for inclement weather or if the ambient air temperature drops below 65°.

Session Descriptions
Free Swim – Family Lap Pool Ages 14+ Enjoy a recreational swim in your own designated lane. There are no lifeguards on duty.
Open Swim – Outdoor Recreation Pool All Ages Recreational swim. There are no lifeguards on duty. Help us keep your kids safe! Children under 13 must be directly supervised by an adult and non-swimmers must be within arm's reach of an adult.
Aqua Therapy - Outdoor Recreation Pool: This class is designed to maintain or improve function, balance, coordination, agility, flexibility, aerobic capacity, locomotion, and posture. Therapeutic benefits include muscle relaxation, peripheral circulation, body awareness, balance, and trunk stability.

