## September 2021 Indoor Lap Pool Schedule The Woodlands

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Pool Guidelines			
Pool schedules and availability are subject to change.			
Swimmers who are incontinent or not fully toilet trained must wear VillaSport-approved swim diapers with a tight-fitting protective covering, available at the Club Shop.			

# Session Descriptions Lap Swim-Indoors: During lap swim, there are no lifeguards on duty.

### September 2021 Indoor Recreation Pool Schedule The Woodlands

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Time	Rec Area		
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Pool Guidelines
Pool schedules and availability are subject to change.
wimmers who are incontinent or not fully toilet trained must wear VillaSport- oproved swim diapers with a tight-fitting protective covering, available at the Club Shop.
Swim lessons may be conducted in a portion of the pool.

## Session Descriptions

Open Swim- Indoor Rec Pool: During Open Swim, there are no lifeguards are on duty. Slides are not available. Help us keep your children safe! Children under 13 must be directly supervised by an adult and non-swimmers must be within arm's reach of an adult.

#### September 2021 Outdoor Adult Lap Pool Schedule The Woodlands

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Pool Guidelines
Pool schedules and availability are subject to change.
Swimmers who are incontinent or not fully toilet trained must wear
VillaSport-approved swim diapers with a tight-fitting protective
covering, available at the Club Shop.
Outdoor pools are subject to close for inclement weather or if the
ambient air temperature drops below 65°.
Indoor pools will remain open for your enjoyment.
The adult pool area is designated for ages 18+.

Session Descriptions	
Lan Swim - Outdoors: During lan swim, there are no lifeguards on duty	

#### September 2021 Outdoor Rec Pool Schedule The Woodlands

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Time	Outdoor Rec Pool			
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Pool Guidelines
Pool schedules and availability are subject to change.
Swimmers who are incontinent or not fully toilet trained must wear VillaSport-approved swim diapers with a tight-fitting protective covering, available at the Club Shop.
Private lessons have priority in lap lanes.
Outdoor pools are subject to close for inclement weather or if the ambient air temperature drops below 65°.
Indoor pools will remain open for your enjoyment.

Session Descriptions
Open Swim- Outdoor Rec Pool: During Open Swim, there are no lifeguards are on duty. Slides are not available. Help us keep your children safe! Children under 13 must be directly supervised by an adult and non-swimmers must be within arm's reach of an adult.
Lap Swim-Outdoors: During lap swim, there are no lifeguards on duty.
Aqua Athletics: Experience the vigor of the water, using it as its own resistance. A gentle yet fun low-impact workout to increase your strength, range of motion and cardio fitness.
Family Swim - Outdoor Rec Pool: During Family Swim, there are lifeguards on duty. Water play features are available. Help us keep your children safe! Children under 13 must be directly supervised by an adult and non-swimmers must be within arm's reach of an adult.