September 2021 Indoor Lap Pool Schedule Cypress

			Tuesday			
Time	Indoor Lap Pool		Time	Indoor Lap Pool	Time	e
	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5			Lane 1 Lane 2 Lane 3 Lane 4 Lane 5		Lane
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10:00 AM			00 AM		10:00 AN	-
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11:00 AM			00 AM		11:00 AN	
11:30 AM			30 AM	Lap Swim	11:30 AN	
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12:30 PM	Lap Swim		30 PM		12:30 PN	
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7:00 PM			00 PM	Swim Team	7:00 PN	-
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9:30 PM		9:	30 PIVI		9:30 PN	/1

Wednesday				Thurs
Indoor Lap Pool		Time		Indo
ne 1 Lane 2 Lane 3 Lane 4 Lan	e 5		Lane 1	Lane 2
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Lap Swim		12:30 PM		L
Lap Swift		1:00 PM		
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	Saturday	
Time	Indoor Lap Pool	Ti
	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5	
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7:00 AM		7:00
7:30 AM		7:30
8:00 AM		8:00
8:30 AM		8:30
9:00 AM		9:00
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11:00 AM		11:00
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12:00 PM		12:00
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1:00 PM	Lap Swim	1:00
1:30 PM	Lup Owin	1:30
2:00 PM		2:00
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3:00 PM		3:00
3:30 PM		3:30
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4:30 PM		4:30
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7:30 PM		7:30
8:00 PM		
8:30 PM		

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	Sunday	
Time	Indoor Lap Pool	Pool schedules a
	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5	i obi schedules a
30 AM		
00 AM		Swimmers who are VillaSport-approved sv
30 AM		villaSport-approved st
00 AM		
30 AM		
00 AM		S
30 AM		Lap Swim-Indoors: [
00 AM		
30 AM		
00 AM		
30 AM		
00 PM		
30 PM	Lap Swim	
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	Updated 9	0/10/2021
sday	opulled	10/202
door Lap	o Pool	
2 Lane	3 Lane 4	Lane 5
Lap Sw	/im	

Pool Guidelines

and availability are subject to change.

are incontinent or not fully toilet trained must wear swim diapers with a tight-fitting protective covering, available at the Club Shop.

Session Descriptions

: During lap swim, there are no lifeguards on duty.

September 2021 Indoor Recreation Pool Schedule Cypress

	Monday Tuesday		Wednesday			Thursday					
Time	Indoor Rec	Pool	Time			Time	Indoor Rec	Pool	Time	Indoor Rec	Pool
L	ane 1 Lane 2 Lane 3	Rec Area	La	ane 1 Lane 2 Lane 3	Rec Area		Lane 1 Lane 2 Lane 3	Rec Area		Lane 1 Lane 2 Lane 3	Rec Area
4:30 AM 5:00 AM 5:30 AM 6:00 AM 6:30 AM 7:00 AM 7:00 AM 7:30 AM 8:00 AM 9:00 AM 9:00 AM 9:00 AM 9:30 AM 10:00 AM 10:30 AM 11:30 AM 11:30 AM 12:00 PM 12:30 PM 1:30 PM 3:30 PM 3:30 PM 4:00 PM	Lap Swim	Open Swim	4:30 AM 5:00 AM 5:30 AM 6:00 AM 6:00 AM 6:30 AM 7:00 AM 7:30 AM 8:00 AM 9:00 AM 9:00 AM 9:00 AM 10:00 AM 10:30 AM 11:30 AM 11:30 AM 12:00 PM 1:30 PM 1:30 PM 3:30 PM 3:30 PM	Lap Swim	Open Swim	4:30 AM 5:00 AM 5:30 AM 6:00 AM 6:30 AM 7:00 AM 7:30 AM 8:00 AM 8:30 AM 9:00 AM 9:30 AM 10:00 AM 10:30 AM 11:30 AM 11:30 AM 12:00 PM 12:30 PM 2:00 PM 2:00 PM 3:30 PM 4:00 PM	Lane 1 Lane 2 Lane 3	Open Swim	4:30 AM 5:00 AM 5:30 AM 6:00 AM 6:30 AM 7:00 AM 7:00 AM 7:30 AM 8:00 AM 9:00 AM 9:00 AM 9:30 AM 10:00 AM 10:30 AM 11:30 AM 11:30 AM 12:00 PM 12:30 PM 1:30 PM 2:30 PM 3:30 PM 4:00 PM	Lap Swim	Open Swim
4:30 PM 5:00 PM 5:30 PM 6:00 PM	Group lessons		4:30 PM 5:00 PM 5:30 PM 6:00 PM	Group lessons		4:30 PM 5:00 PM 5:30 PM 6:00 PM	Group lessons		4:30 PM 5:00 PM 5:30 PM 6:00 PM	Group lessons	
6:30 PM 7:00 PM 7:30 PM 8:00 PM 8:30 PM 9:00 PM	Lap Swim		6:30 PM 7:00 PM 7:30 PM 8:00 PM 8:30 PM 9:00 PM	Lap Swim		6:30 PM 7:00 PM 7:30 PM 8:00 PM 8:30 PM 9:00 PM	Lap Swim		6:30 PM 7:00 PM 7:30 PM 8:00 PM 8:30 PM 9:00 PM	Lap Swim	
9:30 PM			9:30 PM			9:30 PM			9:30 PM		
Time L 4:30 AM 5:00 AM	Friday Indoor Rec I ane 1 Lane 2 Lane 3	Pool Rec Area	Time La 6:30 AM 7:00 AM	Saturday Indoor Rec I ane 1 Lane 2 Lane 3		Time 6:30 AM 7:00 AM	Sunday Indoor Rec Lane 1 Lane 2 Lane 3			Pool Guidelines edules and availability are sub	•

	Friday	
Time		
	Lane 1 Lane 2 Lane 3	Rec Area
4:30 AM		
5:00 AM		
5:30 AM		
6:00 AM		
6:30 AM		
7:00 AM		
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12:30 PM	Lap Swim	Open Swim
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	Saturday							
Time Indoor Rec Pool								
	Lane 1 Lane 2 Lane 3	Rec Area						
30 AM								
00 AM								
30 AM	Lap Swim							
00 AM	Lap Swim							
30 AM								
00 AM		Open Swim						
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30 PM		Family Swim						
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00 PM		Open Swim						
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Time	Indo	Pool	Pool s	
	Lane 1 Lane 2	Lane 3	Rec Area	
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7:00 AM				Swimmer
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8:00 AM				pic
8:30 AM				
9:00 AM			Open Swim	
9:30 AM				
10:00 AM				
10:30 AM				
11:00 AM				Open S
11:30 AM				lifeguards keep your o
12:00 PM				by an adult
12:30 PM	Lap Swin	h		8
1:00 PM	Lup Omit			Lap Swim
1:30 PM				
2:00 PM				
2:30 PM			Family Swim	
3:00 PM				
3:30 PM				
4:00 PM				
4:30 PM				
5:00 PM				
5:30 PM	1			
6:00 PM				
6:30 PM			Open Swim	
7:00 PM				
7:30 PM				

rotective covering, available at the Club Shop.

Private lessons have priority in lap lanes.

Session Descriptions

n Swim- Indoor Rec Pool: During Open Swim, there are no rds are on duty. Water play features are not available. Help us ur children safe! Children under 13 must be directly supervised Jult and non-swimmers must be within arm's reach of an adult.

im-Indoors: During lap swim, there are no lifeguards on duty.

September 2021 Outdoor Adult Lap Pool Schedule Cypress

	Monday		Tuesday		Wednesday		Thursday
Time	Outdoor Adult Lap Pool	Time	Outdoor Adult Lap Pool	Time	Outdoor Adult Lap Pool	Time	Outdoor Adult
	ne 1 Lane 2 Lane 3 Lane 4 Lane 5		Lane 1 Lane 2 Lane 3 Lane 4 Lane 5		ne 1 Lane 2 Lane 3 Lane 4 Lane 5		ane 1 Lane 2 Lane 3
4:30 AM 5:00 AM		4:30 AM 5:00 AM		4:30 AM 5:00 AM		4:30 AM 5:00 AM	
5:30 AM		5:30 AM		5:30 AM		5:00 AM 5:30 AM	
6:00 AM		6:00 AM		6:00 AM		6:00 AM	
6:30 AM		6:30 AM		6:30 AM		6:30 AM	
7:00 AM		7:00 AM		7:00 AM		7:00 AM	
7:30 AM		7:30 AM		7:30 AM		7:30 AM	
8:00 AM		8:00 AM		8:00 AM		8:00 AM	
8:30 AM		8:30 AM		8:30 AM		8:30 AM	
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12:00 PM		12:00 PM		12:00 PM		12:00 PM	
12:30 PM	Lap Swim	12:30 PM	Lap Swim	12:30 PM	Lap Swim	12:30 PM	Lap Swi
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9.30 PIVI		9.30 PIVI		9.30 PIVI		9.30 PW	
	Friday		Saturday		Sunday		Pool Guideline
Time	Outdoor Adult Lap Pool	Time	Outdoor Adult Lap Pool	Time	Outdoor Adult Lap Pool	Pool sch	edules and availability are
	ne 1 Lane 2 Lane 3 Lane 4 Lane 5		Lane 1 Lane 2 Lane 3 Lane 4 Lane 5		ne 1 Lane 2 Lane 3 Lane 4 Lane 5		
4:30 AM		6:30 AM		6:30 AM			
5:00 AM		7:00 AM		7:00 AM			o are incontinent or not fully ed swim diapers with a tigh
5:30 AM		7:30 AM		7:30 AM		villaopoir approve	available at the Club S
6:00 AM 6:30 AM		8:00 AM 8:30 AM		8:00 AM 8:30 AM			
7:00 AM		9:00 AM		9:00 AM		Pri	ivate lessons have priority i
7:30 AM		9:30 AM		9:30 AM			
8:00 AM		10:00 AM		10:00 AM			
8:30 AM		10:30 AM		10:30 AM		Outdoor pools	are subject to close for inc
9:00 AM		11:00 AM		11:00 AM			bient air temperature drops
9:30 AM		11:30 AM		11:30 AM		Indoor	pools will remain open for
10:00 AM		12:00 PM		12:00 PM			
10:30 AM		12:30 PM		12:30 PM	Lap Swim	The a	dult pool area is designated
11:00 AM		1:00 PM	Lap Swim	1:00 PM	Lup omm		
11:30 AM		1:30 PM		1:30 PM			Session Descript
12:00 PM	Lap Swim	2:00 PM		2:00 PM		Lap Swim-Inc	doors: During lap swim, there a
12:30 PM 1:00 PM		2:30 PM 3:00 PM		2:30 PM 3:00 PM			
1:30 PM		3:30 PM		3:30 PM			
2:00 PM		4:00 PM		4:00 PM			
2:30 PM		4:30 PM		4:30 PM			
3:00 PM		5:00 PM		5:00 PM			
3:30 PM		5:30 PM		5:30 PM			
4:00 PM		6:00 PM		6:00 PM			
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	Friday
	Outdoor Adult Lap Pool
Time	Lane 1 Lane 2 Lane 3 Lane 4 Lane
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12:00 PM	Lap Swim
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Updated 9/10/2021 Thursday ult Lap Pool ne 3 Lane 4 Lane 5

Swim

nes

are subject to change.

fully toilet trained must wear tight-fitting protective covering, ub Shop.

rity in lap lanes.

r inclement weather or if the drops below 65°.

nated for ages 18+.

iptions

ere are no lifeguards on duty.

September 2021 Outdoor Rec Pool Schedule Cypress

Monday		Tuesday				Wednesday		
Time Outdoor Rec Poo	1	Time	Outdoor Rec Pool		Tim	e Outdoor Rec Pool		
Lane 1 Lane 2 Lane 3 Lane 4 Lane	5 Rec Area		Lane 1 Lane 2 Lane 3 Lane 4 Lane 5	Rec Area		Lane 1 Lane 2 Lane 3 Lane 4 Lane 5	Rec Area	
4:30 AM 5:00 AM 5:30 AM 6:00 AM 6:30 AM 7:00 AM 7:30 AM 8:00 AM 9:00 AM 9:00 AM 9:30 AM 10:00 AM 11:00 AM 11:30 AM 12:00 PM 12:30 PM 2:00 PM 3:00 PM 3:00 PM 3:30 PM	Open Swim	4:30 AM 5:00 AM 5:30 AM 6:00 AM 6:30 AM 7:00 AM 7:00 AM 8:00 AM 8:00 AM 9:30 AM 9:30 AM 10:00 AM 10:00 AM 11:30 AM 11:30 AM 12:00 PM 12:30 PM 2:00 PM 3:30 PM 3:30 PM	Lap Swim	Open Swim	4:30 AN 5:00 AN 5:30 AN 6:00 AN 6:30 AN 7:00 AN 7:30 AN 8:30 AN 9:00 AN 9:00 AN 9:30 AN 10:00 AN 10:30 AN 11:00 AN 11:30 AN 12:00 PN 12:30 PN 1:30 PN 2:30 PN 3:30 PN 3:30 PN	A A A A A A A A A A A A A A A A A A A	Open Swim	
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			Fri	day	/			
Time			Οι	tdo	or Re	ec Pool		
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5:00 PM	Swim Team							
5:30 PM								
6:00 PM								
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM			Lap Sw	im				
8:30 PM								

	Saturday	
Time	Outdoor Rec Pool	
	Lane 1 Lane 2 Lane 3 Lane 4 Lane 5	Rec Area
6:30 AM		
7:00 AM		
7:30 AM	Lap Swim	
8:00 AM		
8:30 AM		
9:00 AM	Aqua Athletics (RSVP Required)	
9:30 AM		
10:00 AM		
10:30 AM		
11:00 AM	Swim Team	
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Time	Outdo	oor Rec Pool		1	
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9:00 AM					
9:30 AM					
10:00 AM					
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12:30 PM	Lon Swim	Lap Swim	Open Swim		
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Updated 9/10/2021

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Thursday									
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) PM									

Pool Guidelines

Pool schedules and availability are subject to change.

ers who are incontinent or not fully toilet trained must wear VillaSport-approved swim diapers with a tight-fitting protective covering, available at the Club Shop.

Private lessons have priority in lap lanes.

pools are subject to close for inclement weather or if the ambient air temperature drops below 65°.

Indoor pools will remain open for your enjoyment.

Session Descriptions

Swim- Outdoor Rec Pool: During Open Swim, there are no lifeguards are on duty. Water play are not available. Help us keep your children safe! Children under 13 must be directly supervised by an adult and non-swimmers must be within arm's reach of an adult.

Lap Swim-Outdoors: During lap swim, there are no lifeguards on duty.

letics: Experience the vigor of the water, using it as its own resistance. A gentle yet fun low-impact workout to increase your strength, range of motion and cardio fitness.

Family Swim – Outdoor Rec Pool: All Ages mily Swim, lifeguards are on duty. Water play features are available. Help us keep your kids safe! under 13 must be directly supervised by an adult and non-swimmers must be within arm's reach of an adult.