

# August 2020 Indoor Lap Pool Schedule The Woodlands

Updated 8/1/2020

Monday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM	Lap Swim (All Lanes)				
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM	Swim Team (All Lanes)				
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM	Lap Swim (All Lanes)				
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Tuesday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM	Lap Swim (All Lanes)				
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM	Swim Team (All Lanes)				
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM	Lap Swim (All Lanes)				
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Wednesday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM	Lap Swim (All Lanes)				
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM	Swim Team (All Lanes)				
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM	Lap Swim (All Lanes)				
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Thursday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM	Lap Swim (All Lanes)				
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM	Swim Team (All Lanes)				
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM	Lap Swim (All Lanes)				
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Friday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM	Lap Swim (All Lanes)				
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM	Pool Closed				
5:30 PM					

Saturday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
7:30 AM	Lap Swim (All Lanes)				
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM	Pool Closed				

Sunday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
9:00 AM	Lap Swim (All Lanes)				
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					

Pool Guidelines					
No lifeguard on duty					
Be ready to come and leave in swimwear.					
Take one towel and drop it in the designated bin when you are done.					
Two lap swimmers per lane. Take breaks on opposite ends.					
Children under 13 must be directly supervised by an adult.					
Bring your own kickboard and pull buoy.					
Pool schedules and availability are subject to change.					

Monday						
Time	Indoor Rec Pool					
	Lane 1	Lane 2	Rec Area			
5:00 AM	Lap Swim (Lanes 1-2)		Adult Leisure and exercise			
5:30 AM						
6:00 AM						
6:30 AM						
7:00 AM						
7:30 AM						
8:00 AM						
8:30 AM						
9:00 AM	*Lap Swim (Lanes 1-2)					
9:30 AM						
10:00 AM						
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM	Open Swim					
1:00 PM						
1:30 PM						
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						
5:00 PM				Lap Swim (Lanes 1-2)		Adult Leisure and exercise
5:30 PM						
6:00 PM						
6:30 PM						
7:00 PM						
7:30 PM						
8:00 PM	Pool Closed					

Tuesday						
Time	Indoor Rec Pool					
	Lane 1	Lane 2	Rec Area			
5:00 AM	Lap Swim (Lanes 1-2)		Adult Leisure and exercise			
5:30 AM						
6:00 AM						
6:30 AM						
7:00 AM						
7:30 AM						
8:00 AM						
8:30 AM						
9:00 AM	*Lap Swim (Lanes 1-2)					
9:30 AM						
10:00 AM						
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM	Open Swim					
1:00 PM						
1:30 PM						
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						
5:00 PM				Lap Swim (Lanes 1-2)		Adult Leisure and exercise
5:30 PM						
6:00 PM						
6:30 PM						
7:00 PM						
7:30 PM						
8:00 PM	Pool Closed					

Wednesday						
Time	Indoor Rec Pool					
	Lane 1	Lane 2	Rec Area			
5:00 AM	Lap Swim (Lanes 1-2)		Adult Leisure and exercise			
5:30 AM						
6:00 AM						
6:30 AM						
7:00 AM						
7:30 AM						
8:00 AM						
8:30 AM						
9:00 AM	*Lap Swim (Lanes 1-2)					
9:30 AM						
10:00 AM						
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM	Open Swim					
1:00 PM						
1:30 PM						
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						
5:00 PM				Lap Swim (Lanes 1-2)		Adult Leisure and exercise
5:30 PM						
6:00 PM						
6:30 PM						
7:00 PM						
7:30 PM						
8:00 PM	Pool Closed					

Thursday						
Time	Indoor Rec Pool					
	Lane 1	Lane 2	Rec Area			
5:00 AM	Lap Swim (Lanes 1-2)		Adult Leisure and exercise			
5:30 AM						
6:00 AM						
6:30 AM						
7:00 AM						
7:30 AM						
8:00 AM						
8:30 AM						
9:00 AM	*Lap Swim (Lanes 1-2)					
9:30 AM						
10:00 AM						
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM	Open Swim					
1:00 PM						
1:30 PM						
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						
5:00 PM				Lap Swim (Lanes 1-2)		Adult Leisure and exercise
5:30 PM						
6:00 PM						
6:30 PM						
7:00 PM						
7:30 PM						
8:00 PM	Pool Closed					

Friday						
Time	Indoor Rec Pool					
	Lane 1	Lane 2	Rec Area			
6:00 AM	Lap Swim (Lanes 1-2)		Adult Leisure and exercise			
6:30 AM						
7:00 AM						
7:30 AM						
8:00 AM						
8:30 AM						
9:00 AM	*Lap Swim (Lanes 1-2)					
9:30 AM						
10:00 AM						
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM	Open Swim					
1:00 PM						
1:30 PM						
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						
5:00 PM						
5:30 PM				Pool Closed		

Saturday						
Time	Indoor Rec Pool					
	Lane 1	Lane 2	Rec Area			
7:30 AM	Lap Swim (Lanes 1-2)		Adult Leisure and exercise			
8:00 AM						
8:30 AM						
9:00 AM						
9:30 AM						
10:00 AM						
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM	Open Swim					
1:00 PM						
1:30 PM						
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						
5:00 PM				Pool Closed		

Sunday			
Time	Indoor Rec Pool		
	Lane 1	Lane 2	Rec Area
9:00 AM	Lap Swim (Lanes 1-2)		Adult Leisure and exercise
9:30 AM			
10:00 AM			
10:30 AM			
11:00 AM			
11:30 AM			
12:00 PM			
12:30 PM			
1:00 PM	Open Swim		
1:30 PM			
2:00 PM			
2:30 PM			
3:00 PM			
3:30 PM			
4:00 PM			
4:30 PM	Lap Swim (Lanes 1-2)	Rec Area Closed	
5:00 PM	Pool Closed		

Pool Guidelines
Outdoor pools are subject to close for inclement weather. Indoor pools will remain open for your enjoyment.
Non-swimmers and children under 13 may only use the pools during Open Swim hours but must be directly supervised by an adult who must (1) be within arm's reach of non-swimmers and (2) maintain sight of proficient swimmers at all times.
Water play features are currently unavailable
No Lifeguards on Duty
Swimmers who are incontinent or not fully toilet trained must wear VillaSport-approved swim diapers with a tight-fitting protective covering, available at the Club Shop.
Pool schedules and availability are subject to change.
* indicates private lessons have priority for use of these lanes

August 2020 Outdoor Adult Lap Pool Schedule The Woodlands

Updated 8/1/2020

Monday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM					
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM					
	Lap Swim (All Lanes)				
	Pool Closed				

Tuesday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM					
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM					
	Lap Swim (All Lanes)				
	Pool Closed				

Wednesday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM					
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM					
	Lap Swim (All Lanes)				
	Pool Closed				

Thursday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM					
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM					
	Lap Swim (All Lanes)				
	Pool Closed				

Friday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
	Lap Swim (All Lanes)				
	Pool Closed				

Saturday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
	Lap Swim (All Lanes)				Leisure Lane
	Pool Closed				

Sunday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
	Lap Swim (All Lanes)				Leisure Lane
	Pool Closed				

Pool Guidelines
Outdoor pools are subject to close for inclement weather or if the ambient air temperature drops below 65°. Indoor pools will remain open for your enjoyment.
The adult pool area is designated for ages 18+.
Be ready to come and leave in swimwear.
Take one towel and drop it in the designated bin when you are done.
Two lap swimmers per lane. Take breaks on opposite ends.
Bring your own kickboard and pull buoy.

August Outdoor Rec Pool Schedule The Woodlands

Updated 8/1/2020

Monday					
Time	Outdoor Rec Pool				Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	
5:00 AM	Lap Swim (Lanes 1-5)				Rec Area Closed
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM	Swim Team (All Lanes)				Aqua Exercise
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM	Lap Swim (All Lanes)				Rec Area Closed
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM	Lap Swim (All Lanes)				Open Swim
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Tuesday					
Time	Outdoor Rec Pool				Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	
5:00 AM	Lap Swim (Lanes 1-5)				Rec Area Closed
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM	Swim Team (All Lanes)				Aqua Exercise
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM	Lap Swim (All Lanes)				Rec Area Closed
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM	Lap Swim (All Lanes)				Open Swim
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Wednesday					
Time	Outdoor Rec Pool				Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	
5:00 AM	Lap Swim (Lanes 1-5)				Rec Area Closed
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM	Swim Team (All Lanes)				Aqua Exercise
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM	Lap Swim (All Lanes)				Rec Area Closed
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM	Lap Swim (All Lanes)				Open Swim
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Thursday					
Time	Outdoor Rec Pool				Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	
5:00 AM	Lap Swim (Lanes 1-5)				Rec Area Closed
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM	Swim Team (All Lanes)				Aqua Exercise
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM	Lap Swim (All Lanes)				Rec Area Closed
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM	Lap Swim (All Lanes)				Open Swim
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Friday					
Time	Outdoor Rec Pool				Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	
6:00 AM	Lap Swim (All Lanes)				Rec Area Closed
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM	Swim Team (All Lanes)				Aqua Exercise
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM	Lap Swim (All Lanes)				Rec Area Closed
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM	Lap Swim (All Lanes)				Open Swim
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Saturday					
Time	Outdoor Rec Pool				Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	
7:30 AM	Lap Swim (All Lanes)				Rec Area Closed
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM	Lap Swim (All Lanes)				Aqua Exercise
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM	Lap Swim (All Lanes)				Family Swim
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Sunday					
Time	Outdoor Rec Pool				Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	
9:00 AM	Lap Swim (All Lanes)				Rec Area Closed
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM	Lap Swim (All Lanes)				Family Swim
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM	Pool Closed				

Pool Guidelines
Outdoor pools are subject to close for inclement weather or if the ambient air temperature drops below 65°. Indoor pools will remain open for your enjoyment.
No Lifeguards on Duty; except during Family Swim
Non-swimmers and children under 13 may only use the pools during Open Swim hours but must be directly supervised by an adult who must (1) be within arm's reach of non-swimmers and (2) maintain sight of proficient swimmers at all times.
The water walk and Slides are only available during Family Swim.
Swimmers who are incontinent or not fully toilet trained must wear VillaSport-approved swim diapers with a tight-fitting protective covering, available at the Club Shop.
Pool schedules and availability are subject to change.