

# Cypress Indoor Pool Schedule

All Pools and Whirlpools close 30 minutes prior to club closing.

## January 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Indoor Recreation Pool</b>			<i>Pool available for Open Swim anytime programming is not scheduled.</i>			
<b>Gentle Aqua</b> 12:00pm - 12:55pm	<b>Gentle Aqua</b> 12:00pm - 12:55pm	<b>Gentle Aqua</b> 12:00pm - 12:55pm				
<b>Family Swim</b> 4:00pm - 7:00pm	<b>Family Swim</b> 4:00pm - 7:00pm	<b>Family Swim</b> 4:00pm - 7:00pm	<b>Family Swim</b> 4:00pm - 7:00pm	<b>Family Swim</b> 4:00pm - 7:00pm	<b>Family Swim</b> 11:00am - 7:30pm	<b>Family Swim</b> 11:00am - 7:30pm
<b>Swim Lessons</b> 5:00pm - 7:00pm	<b>Swim Lessons</b> 5:00pm - 6:30pm	<b>Swim Lessons</b> 5:00pm - 7:00pm	<b>Swim Lessons</b> 5:00pm - 6:30pm		<b>Swim Lessons</b> 9:00am - 12:30pm	
<b>Aqua Athletics</b> 6:30pm - 7:25pm	<b>Aqua Athletics</b> 6:30pm - 7:25pm	<b>Aqua Athletics</b> 6:30p-7:25p	<b>Aqua Zumba</b> 6:30pm - 7:25pm		<b>ONLY 1/11 Endless Summer Pool Party</b> 11:30am - 2:00pm All Lanes	
<b>Adult Stroke &amp; Conditioning</b> 7:00pm - 8:00pm		<b>Adult Stroke &amp; Conditioning</b> 7:00pm - 8:00pm				
<b>Indoor Lap Pool</b>						
<b>Stroke School</b> 5:00pm - 6:45pm Lane 1	<b>Stroke School</b> 4:45pm - 6:15pm Lane 1	<b>Stroke School</b> 5:00pm - 6:45pm Lane 1	<b>Stroke School</b> 4:45pm - 6:15pm Lane 1		<b>Stroke School</b> 9:00am - 12:45pm Lane 1	
<b>Masters Swim</b> 6:30pm - 7:30pm Lanes 1 - 4		<b>Masters Swim</b> 6:30pm - 7:30pm Lanes 1 - 4			<b>ONLY 1/11 Endless Summer Pool Party</b> 11:30am - 2:00pm All Lanes	

Lane 5 is closest to the locker rooms.

