

August 2020 Indoor Lap Pool Schedule Cypress

Updated 8/1/2020

Monday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM	Lap Swim (All Lanes)				
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM	Swim Team (All Lanes)				
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM	Lap Swim (All Lanes)				
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Tuesday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM	Lap Swim (All Lanes)				
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM	Swim Team (All Lanes)				
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM	Lap Swim (All Lanes)				
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Wednesday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM	Lap Swim (All Lanes)				
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM	Swim Team (All Lanes)				
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM	Lap Swim (All Lanes)				
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Thursday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM	Lap Swim (All Lanes)				
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM	Swim Team (All Lanes)				
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM	Lap Swim (All Lanes)				
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM	Pool Closed				

Friday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
7:30 AM	Lap Swim (All Lanes)				
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM	Pool Closed				

Saturday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
7:30 AM	Lap Swim (All Lanes)				
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM	Pool Closed				

Sunday					
Time	Indoor Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
9:00 AM	Lap Swim (All Lanes)				
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM	Pool Closed				

Pool Guidelines					
No lifeguard on duty					
Be ready to come and leave in swimwear.					
Take one towel and drop it in the designated bin when you are done.					
Two lap swimmers per lane. Take breaks on opposite ends.					
Children under 13 must be directly supervised by an adult.					
Bring your own kickboard and pull buoy.					
Pool schedules and availability are subject to change.					

July 2020 Indoor Recreation Pool Schedule Cypress

Updated 8/1/2020

Monday				
Time	Indoor Rec Pool			
	Lane 1	Lane 2	Lane 3	Rec Area
5:00 AM	Lap Swim (Lanes 1-3)			
5:30 AM				
6:00 AM				
6:30 AM				
7:00 AM				
7:30 AM				
8:00 AM	*Lap Swim (Lanes 1-3)			Adult Leisure and exercise
8:30 AM				
9:00 AM				
9:30 AM				
10:00 AM				
10:30 AM				
11:00 AM	Open Swim			
11:30 AM				
12:00 PM				
12:30 PM				
1:00 PM				
1:30 PM				
2:00 PM	*Lap Swim (Lanes 1-3)			Adult Leisure and exercise
2:30 PM				
3:00 PM				
3:30 PM				
4:00 PM				
4:30 PM				
5:00 PM	Pool Closed			

Tuesday				
Time	Indoor Rec Pool			
	Lane 1	Lane 2	Lane 3	Rec Area
5:00 AM	Lap Swim (Lanes 1-3)			
5:30 AM				
6:00 AM				
6:30 AM				
7:00 AM				
7:30 AM				
8:00 AM	*Lap Swim (Lanes 1-3)			Adult Leisure and exercise
8:30 AM				
9:00 AM				
9:30 AM				
10:00 AM				
10:30 AM				
11:00 AM	Open Swim			
11:30 AM				
12:00 PM				
12:30 PM				
1:00 PM				
1:30 PM				
2:00 PM	*Lap Swim (Lanes 1-3)			Adult Leisure and exercise
2:30 PM				
3:00 PM				
3:30 PM				
4:00 PM				
4:30 PM				
5:00 PM	Pool Closed			

Wednesday				
Time	Indoor Rec Pool			
	Lane 1	Lane 2	Lane 3	Rec Area
5:00 AM	Lap Swim (Lanes 1-3)			
5:30 AM				
6:00 AM				
6:30 AM				
7:00 AM				
7:30 AM				
8:00 AM	*Lap Swim (Lanes 1-3)			Adult Leisure and exercise
8:30 AM				
9:00 AM				
9:30 AM				
10:00 AM				
10:30 AM				
11:00 AM	Open Swim			
11:30 AM				
12:00 PM				
12:30 PM				
1:00 PM				
1:30 PM				
2:00 PM	*Lap Swim (Lanes 1-3)			Adult Leisure and exercise
2:30 PM				
3:00 PM				
3:30 PM				
4:00 PM				
4:30 PM				
5:00 PM	Pool Closed			

Thursday				
Time	Indoor Rec Pool			
	Lane 1	Lane 2	Lane 3	Rec Area
5:00 AM	Lap Swim (Lanes 1-3)			
5:30 AM				
6:00 AM				
6:30 AM				
7:00 AM				
7:30 AM				
8:00 AM	*Lap Swim (Lanes 1-3)			Adult Leisure and exercise
8:30 AM				
9:00 AM				
9:30 AM				
10:00 AM				
10:30 AM				
11:00 AM	Open Swim			
11:30 AM				
12:00 PM				
12:30 PM				
1:00 PM				
1:30 PM				
2:00 PM	*Lap Swim (Lanes 1-3)			Adult Leisure and exercise
2:30 PM				
3:00 PM				
3:30 PM				
4:00 PM				
4:30 PM				
5:00 PM	Pool Closed			

Friday				
Time	Indoor Rec Pool			
	Lane 1	Lane 2	Lane 3	Rec Area
6:00 AM	Lap Swim (Lanes 1-3)			
6:30 AM				
7:00 AM				
7:30 AM				
8:00 AM	*Lap Swim (Lanes 1-3)			Adult Leisure and exercise
8:30 AM				
9:00 AM				
9:30 AM				
10:00 AM				
10:30 AM				
11:00 AM	Open Swim			
11:30 AM				
12:00 PM				
12:30 PM				
1:00 PM				
1:30 PM				
2:00 PM	*Lap Swim (Lanes 1-3)			Adult Leisure and exercise
2:30 PM				
3:00 PM				
3:30 PM				
4:00 PM				
4:30 PM				
5:00 PM	Pool Closed			

Saturday				
Time	Indoor Rec Pool			
	Lane 1	Lane 2	Lane 3	Rec Area
7:30 AM	*Lap Swim (Lanes 1-3)			Adult Leisure and exercise
8:00 AM				
8:30 AM				
9:00 AM				
9:30 AM				
10:00 AM				
10:30 AM	Open Swim			Open Swim
11:00 AM				
11:30 AM				
12:00 PM				
12:30 PM				
1:00 PM				
1:30 PM	Open Swim			
2:00 PM				
2:30 PM				
3:00 PM				
3:30 PM				
4:00 PM				
4:30 PM	Pool Closed			
5:00 PM				

Sunday				
Time	Indoor Rec Pool			
	Lane 1	Lane 2	Lane 3	Rec Area
9:00 AM	Lap Swim (Lanes 1-3)			Adult Leisure and exercise
9:30 AM				
10:00 AM				
10:30 AM				
11:00 AM				
11:30 AM				
12:00 PM	Open Swim			
12:30 PM				
1:00 PM				
1:30 PM				
2:00 PM				
2:30 PM				
3:00 PM	Lap Swim (Lanes 1-3)			Rec Area Closed
3:30 PM				
4:00 PM	Pool Closed			

Pool Guidelines				
Outdoor pools are subject to close for inclement weather. Indoor pools will remain open for your enjoyment.				
Non-swimmers and children under 13 may only use the pools during Open Swim hours but must be directly supervised by an adult who must (1) be within arm's reach of non-swimmers and (2) maintain sight of proficient swimmers at all times.				
Water play features are currently unavailable				
No Lifeguards on Duty				
Swimmers who are incontinent or not fully toilet trained must wear VillaSport-approved swim diapers with a tight-fitting protective covering, available at the Club Shop.				
Pool schedules and availability are subject to change.				
* indicates private lessons have priority for use of these lanes				

August 2020 Outdoor Adult Lap Pool Schedule Cypress

Updated 8/1/2020

Monday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM					
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
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10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
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1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM					Pool Closed

Tuesday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM					
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
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12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM					Pool Closed

Wednesday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM					
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
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3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM					Pool Closed

Thursday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
5:00 AM					
5:30 AM					
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
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12:30 PM					
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2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM					Pool Closed

Friday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
6:00 AM					
6:30 AM					
7:00 AM					
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					Pool Closed

Saturday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					Pool Closed

Sunday					
Time	Outdoor Adult Lap Pool				
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					
4:30 PM					
5:00 PM					Pool Closed

Pool Guidelines	
Outdoor pools are subject to close for inclement weather or if the ambient air temperature drops below 65°. Indoor pools will remain open for your enjoyment.	
The adult pool area is designated for ages 18+.	
Be ready to come and leave in swimwear.	
Take one towel and drop it in the designated bin when you are done.	
Two lap swimmers per lane. Take breaks on opposite ends.	
Bring your own kickboard and pull buoy.	

August 2020 Outdoor Rec Pool Schedule Cypress

Updated 8/1/2020

Monday							
Time	Outdoor Rec Pool					Rec Area	
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5		
5:00 AM	Lap Swim (Lanes 1-5)					Rec Area Closed	
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM	Swim Team (All Lanes)						
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM	Aqua Exercise (All Lanes)						
11:00 AM	Swim Team (All Lanes)						
11:30 AM							
12:00 PM	Open Swim						
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM	Lap Swim (All Lanes)					Rec Area Closed	
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM	Pool Closed						

Tuesday							
Time	Outdoor Rec Pool					Rec Area	
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5		
5:00 AM	Lap Swim (Lanes 1-5)					Rec Area Closed	
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM	Swim Team (All Lanes)						
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM	Open Swim						
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM	Lap Swim (All Lanes)					Rec Area Closed	
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM	Pool Closed						

Wednesday							
Time	Outdoor Rec Pool					Rec Area	
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5		
5:00 AM	Lap Swim (Lanes 1-5)					Rec Area Closed	
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM	Swim Team (All Lanes)						
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM	Aqua Exercise (All Lanes)						
11:00 AM	Swim Team (All Lanes)						
11:30 AM							
12:00 PM	Open Swim						
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM	Lap Swim (All Lanes)					Rec Area Closed	
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM	Pool Closed						

Thursday							
Time	Outdoor Rec Pool					Rec Area	
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5		
5:00 AM	Lap Swim (Lanes 1-5)					Rec Area Closed	
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM	Swim Team (All Lanes)						
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM	Aqua Exercise (All Lanes)						
11:00 AM	Swim Team (All Lanes)						
11:30 AM							
12:00 PM	Open Swim						
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM	Lap Swim (All Lanes)					Rec Area Closed	
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM	Pool Closed						

Friday						
Time	Outdoor Rec Pool					Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	
6:00 AM	Lap Swim (Lanes 1-5)					Rec Area Closed
6:30 AM						
7:00 AM						
7:30 AM						
8:00 AM						
8:30 AM	Swim Team (All Lanes)					
9:00 AM						
9:30 AM						
10:00 AM						
10:30 AM						
11:00 AM	Open Swim					
11:30 AM						
12:00 PM						
12:30 PM						
1:00 PM						
1:30 PM						
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						
5:00 PM						
5:30 PM	Pool Closed					

Saturday						
Time	Outdoor Rec Pool					Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	
7:30 AM	Lap Swim (All Lanes)					Rec Area Closed
8:00 AM						
8:30 AM						
9:00 AM						
9:30 AM						
10:00 AM	Aqua Exercise (All Lanes)					
10:30 AM						
11:00 AM	Family Swim					
11:30 AM						
12:00 PM						
12:30 PM						
1:00 PM						
1:30 PM						
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						
5:00 PM	Pool Closed					

Sunday						
Time	Outdoor Rec Pool					Rec Area
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	
9:00 AM	Lap Swim (All Lanes)					Rec Area Closed
9:30 AM						
10:00 AM						
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM	Family Swim					
12:30 PM						
1:00 PM						
1:30 PM						
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM	Lap Swim (All Lanes)					Rec Area Closed
4:30 PM						
5:00 PM	Pool Closed					

Pool Guidelines						
Outdoor pools are subject to close for inclement weather or if the ambient air temperature drops below 65°. Indoor pools will remain open for your enjoyment.						
No Lifeguards on Duty; except during Family Swim						
Non-swimmers and children under 13 may only use the pools during Open Swim hours but must be directly supervised by an adult who must (1) be within arm's reach of non-swimmers and (2) maintain sight of proficient swimmers at all times.						
The water walk and Slides are only available during Family Swim.						
Swimmers who are incontinent or not fully toilet trained must wear VillaSport-approved swim diapers with a tight-fitting protective covering, available at the Club Shop.						
Pool schedules and availability are subject to change.						