### May - June 2021 Outdoor Adult Lap Pool Schedule San Jose

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	Updated 5/28/2021
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Pool Guidelines				
Pool schedules and availability are subject to change.				
Lap swimming is limited to 45-minutes while others are waiting.				

## Session Descriptions Lap Swim - Outdoor Adult Pool: During lap swim, there are no lifeguards on duty. Two lap swimmers per lane are permitted, and they must take breaks on opposite ends of the pool.

#### May - June 2021 Outdoor Rec Pool Schedule San Jose

			Mone	day		
Time						
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Rec Area
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	Updated 5	5/28/2021
	Thursday	
Time	Outdoor Rec Pool	
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Pool Guidelines
Private lessons have priority in lap lanes.
Swimmers who are incontinent or not fully toilet trained must wear VillaSport- approved swim diapers with a tight-fitting protective covering, available at the Club Shop.
Pool schedules and availability are subject to change

	Session Descriptions
	Swim - Outdoor Rec Pool: Designated lap swim time is for lap swimming only. There are no ds on duty. Two lap swimmers per lane are permitted, and they must take breaks on opposite ends of the pool. Swimmers must be able to swim laps unassisted.
	Swim- Outdoor Rec Pool: During Open Swim, there are no lifeguards are on duty. Water play ures are not available. Help us keep your children safe! Children under 13 must be directly supervised by an adult and non-swimmers must be within arm's reach of an adult.
Aqua A	thletics: Experience the vigor of the water, using it as its own resistance. A gentle yet fun low- impact workout to increase your strength, range of motion and cardio fitness.

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# Pool Guidelines Pool schedules and availability are subject to change. Lap swimming is limited to 45-minutes while others are waiting.

## Session Descriptions Lap Swim - Indoor Lap Pool: During lap swim, there are no lifeguards on duty. Two lap swimmers per lane are permitted, and they must take breaks on opposite ends of the pool.

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Time	Indoor Rec Pool			
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10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
1:00 PM					
1:30 PM	Lap Swim	Open Swim			
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2:30 PM					
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5:00 PM					
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Pool Guidelines				
Private lessons have priority in lap lanes.				
Swimmers who are incontinent or not fully toilet trained must wear VillaSport-approved swim diapers with a tight-fitting protective covering, available at the Club Shop.				
Pool schedules and availability are subject to change.				

Session Descriptions	
Lap Swim - Indoor Rec Pool: Designated lap swim time is for lap swi There are no lifeguards on duty. Two lap swimmers per lane are pe they must take breaks on opposite ends of the pool. Swimmers mus swim laps unassisted.	rmitted, and
Open Swim- Indoor Rec Pool: During Open Swim, there are no lifeg duty. Water play features are not available. Help us keep your chil Children under 13 must be directly supervised by an adult and non must be within arm's reach of an adult.	dren safe!