

2019 LOSE TO WIN COMPETITION

JUNE 1 – AUGUST 26



Competition is based on total body fat percentage loss

ONLY \$39 TO PARTICIPATE – YOU COULD WIN \$1,000 CASH!

	1 st	2 nd	3 rd	4 th	5 th
Individual	\$1,000 <i>awarded to each top male AND female</i>	\$500	\$250 <i>places 2 - 5 awarded to each top male OR female</i>	\$125	\$75
Team <i>4 per team</i>	\$250	\$150	\$75	\$50	\$25 <i>awarded to each member of the winning teams</i>

WIN FITNESS GIFT CARDS FOR PARTICIPATION POINTS!

	Places 1 - 5	Places 6 - 10
Individual	\$50 value	\$10 value

INCREDIBLE VALUE!

- *Personal Trainer Guidance
- *Weekly Boot Camps
- *Fitness Challenges
- *Fitness and Nutrition Workshops

- *Body Fat Measurements
- *Prizes for Highest Body Fat % Loss
- *Awards for # of Participation Points
- *Motivation and Fun!

LEARN MORE

Informational Meetings	Wednesday, May 29 6:00pm - 7:00pm Saturday, June 1 11:00am - 12:00pm
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CELEBRATE YOUR SUCCESS!

Closing Celebration/Awards	Saturday, September 7 11:00am - 12:00pm
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2019 LOSE TO WIN REGISTRATION FORM

Please complete and return this form to the Fitness Advice Center.
The last day to enroll or make team changes is **Monday, June 17.**

Name: _____

Alias: _____

Email: _____

Phone: _____

☐ Individual registration

☐ Please find me a team

☐ I have a team

Team Name: _____

Team Members: _____
first and last names
