

# INVEST IN YOUR PEOPLE

SPECIAL MEMBERSHIP BENEFITS FOR YOUR EMPLOYEES

## CORPORATE WELLNESS PROGRAM



*VillaSport*  
ATHLETIC CLUB AND SPA

# YOUR CORPORATE WELLNESS SOLUTION

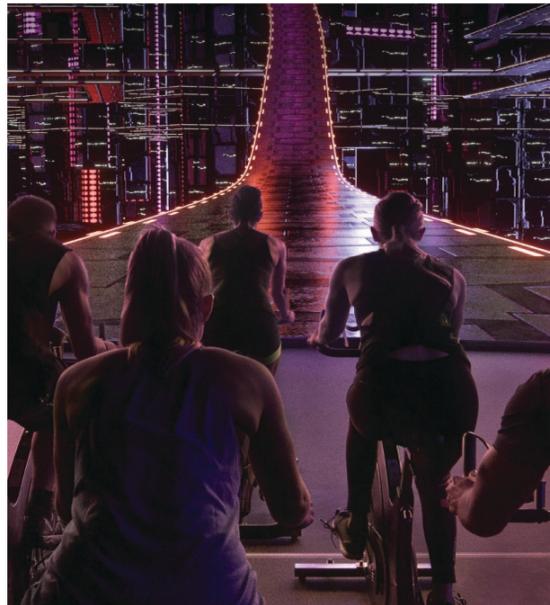


Healthy individuals have higher energy levels, less stress, and increased immunity, which enhances their overall productivity.

As your wellness partner, VillaSport will help your employees achieve and sustain a healthy lifestyle of fitness, recovery, and relaxation. The VillaSport Corporate Wellness Program is the perfect complement to your employee benefits package.

## Attract and Retain Top Talent

Workplace health programs are increasingly viewed as a core component of an attractive employee compensation and benefits package, which can improve employee recruitment and retention.



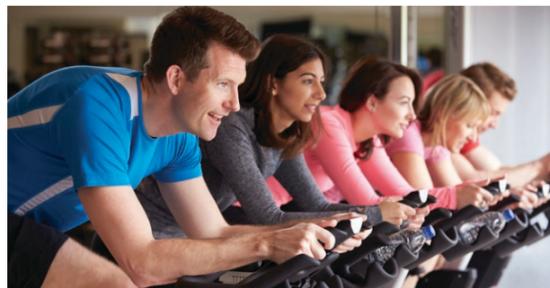
## Lower Your Healthcare Costs and Increase Productivity

Companies that invest in worksite health promotion programs save on medical costs, absenteeism, worker's compensation claims, and short-term disability.



## Did You Know?

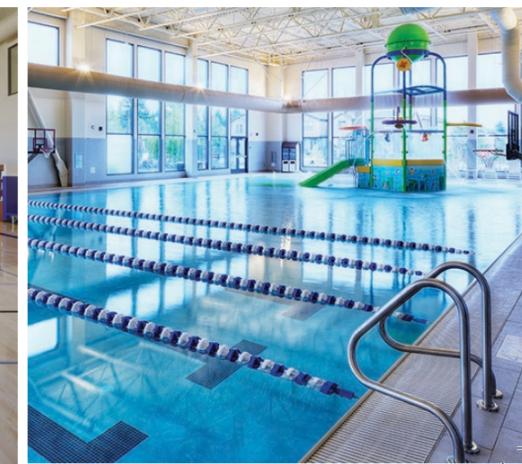
- A high percentage of chronic conditions are **preventable** through lifestyle changes, including proper **nutrition** and **daily fitness**.
- Medical expenses for obese employees are significantly higher than individuals with **healthy weight**.
- Employees with heart disease and risk factors cost employers thousands of dollars more than **healthy employees** each year.



**VillaSport is your premier athletic club and spa, featuring resort-style amenities and 5-star service in a welcoming, beautiful world-class facility. It's also the perfect daily getaway for fitness, relaxation, and fun.**

## With a Corporate Membership, your employees will enjoy:

- Savings on monthly membership dues and enrollment fees
- New member specials on personal training, spa services, and more
- Access to club amenities and certified Personal Trainers
- Multiple lines of free weights, functional and circuit equipment
- 100+ pieces of the latest cardio equipment with personal TVs and internet access
- 75+ group exercise classes per week in 5 state-of-the-art studios, including yoga, Zumba®, Pilates, aqua fitness, LES MILLS BODYATTACK™, THE TRIP™ indoor cycling, and more
- Regulation NBA basketball court, and indoor and outdoor turf fields *(at select clubs)*
- Year-round indoor and outdoor lap swimming and recreation pools
- Luxurious locker rooms with towel service and laundry service *(optional)*
- Relaxation lounges featuring whirlpools, saunas, and steam rooms
- Full-service day spa offering massages, facials, nail care, waxing, couples services, and more
- Outdoor firepit and lounge area, poolside café, and adult pool area with full bar *(at select clubs)*
- VillaKids childcare (2 - 2½ hours per day with paid child memberships)





Contact Your Local VillaSport for Corporate Wellness Program and Membership Details



## CALIFORNIA

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### ROSEVILLE

291 Conference Center Drive  
Roseville, CA 95678  
916-831-7070

Massage Business Permit #07-1907  
California Cosmetology Establishment License #A326665

### SAN JOSE

1167 N. Capitol Avenue  
San Jose, CA 95132  
408-785-0320

Massage Business Permit #MB111  
California Cosmetology Establishment License #A313267

## COLORADO

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### COLORADO SPRINGS

5904 Prairie Schooner Drive  
Colorado Springs, CO 80923  
719-522-1221

Cosmetology Shop Reg. #2756

## OREGON

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### BEAVERTON

13900 SW Meridian Street  
Beaverton, OR 97005  
971-317-2600

Massage Facility License #FA00091  
Cosmetology Facility License #COS-FA-10162033

## TEXAS

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### CINCO RANCH

9930 Gaston Road  
Katy, TX 77494  
346-322-2468

TX Health Spa Reg. #20190204  
Massage Therapy Establishment License #ME5799  
Cosmetology License #804717

### CYPRESS

12951 Barker Cypress Road  
Cypress, TX 77429  
346-818-5114

TX Health Spa Reg. #20160237  
Massage Therapy Establishment License #ME3974  
Cosmetology License #779012

### THE WOODLANDS

4141 Technology Forest Blvd.  
The Woodlands, TX 77381  
832-585-0822

TX Health Spa Reg. #20090055  
Massage Therapy Establishment License #ME2616  
Cosmetology License #777278

[villasport.com](http://villasport.com)